

LUNCH MENU



Did you know?

January is considered national soup month. January 1st, 1776, the first American flag, the "Grand Union" was presented. Betsy Ross later added the stars in place of the Union Jack.

Payments

- You can now easily make payments online at EzSchoolPay.com. (A \$2.00 convenience fee will apply)
- Make all checks payable to NUSD

Meal Prices

Student Lunch \$2.65

Adult Lunch \$3.60

Reduced Lunch \$4.00

Breakfast \$1.00




Reduced Breakfast \$.30

Milk \$.25

Discrimination Statement

In the operation of Child Nutrition Programs, no person will be discriminated against because of race, color, national origin, age or handicap. If you believe you have been discriminated against, write immediately to the Secretary of Agriculture, Washington D.C. 20250. Note: Cereal is available daily as a substitute item for breakfast. Variety of milk offered daily. Items on the menu are subject to change without notice due to the availability of some food items.

January 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 Winter Break 	2 Winter Break 	3 Winter Break 	4 Winter Break 	5 No School	6	7
8 Sloppy Joe Green Beans FFV Bar Milk	9 WG Pizza FFV Bar Milk	10 WG Chicken Rings Potato Wedges FFV Bar Milk	11 Grilled Cheese Potato Wedges FFV Bar Milk	12 No School	13	14
15  NO SCHOOL FOR MARTIN LUTHER KING JR. DAY JAN 15	16 WG Chicken Tenders Mashed Potatoes FFV Bar, Milk	17 Hot Dog Potato Wedges FFV Bar Milk	18 Chicken Quesadilla Corn FFV Bar, Milk	19 No School	20	21
22 Bean Burrito Bowl WG Tortilla Chips FFV Bar Milk	23 WG Pizza FFV Bar Milk	24 Grilled Cheese Potato Wedge FFV Bar Milk	25 Beef Soft Taco Corn FFV Bar Milk	26 No School	27	28
29 Orange Chicken WG Rice WG Veg Roll FFV Bar, Milk	30 PBJ Cheese Stick FFV Bar Milk	31 Chicken Drumstick Green Beans FFV Bar Milk				

Nutrition Information: Cycle Week 1: Calories 2553, Sodium 3625 mg, Meat/Meat Alt 7, Grain/Bread 6.5; Cycle Week 2: Calories 2598, Sodium 3629 mg, Meat/Meat Alt 7, Grain/Bread 6.75; Cycle Week 3: Calories 2547, Sodium, 3349 mg, Meat/Meat Alt 7.5, Grain/Bread 6.5; Cycle Week 4: Calories 2585, Sodium 3453 mg, Meat/MA 8, Grain/Bread 6.5; Cycle Week 5: Calories 2579, Sodium 3705, Meat/Meat Alt 7.5, Grain/Bread 6.5; Cycle Week 6: Calories 2579, Sodium 3291, Meat/Meat Alt 7, Grain/Bread 6.75

➤ A DAILY ALTERNATE WILL BE SERVED MONDAY-THURSDAY CONSISTING OF A CHEESE SANDWICH, FRUIT AND MILK