








Nadaburg Unified School District **March** 2020

Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Frosted Flakes Bkfst Kit w/ Small Apple, Milk Hamburger w/ Wedges Yogurt Tray FFV Bar Milk 2	Banana Choco Chunk Bar Applesauce, Juice, Milk Chicken Tenders w/ Mashed Potatoes BLT Wrap FFV Bar Milk 3	Strawberry Mini Pancakes Applesauce, Juice, Milk Beef Soft Taco Chef Salad w/ Breadstick FFV Bar Milk 4	WG Banana Bread Applesauce, Juice, Milk French Bread Pizza Thai Turkey Wrap FFV Bar Milk 5	
Fruit Loops Bkfst Kit w/ Small Apple, Milk Chicken Nugget w/ Potato Wedges Yogurt Tray FFV Bar Milk 9	Breakfast Burrito w/ Applesauce, Juice, Milk Taco Salad w/ Salsa Cup BLT Wrap FFV Bar Milk 10	WG French Toast w/ Applesauce, Juice, Milk EARLY RELEASE WG Grilled Cheese w/ Fruit Cup and Vegetable FFV Bar Milk 11	Sweet Potato Muffin w/ Large Apple, Milk EARLY RELEASE Stuffed Breadstick Marinara Cup, Fruit Cup FFV Bar Milk 12	
				
Trix Cereal Breakfast Kit w/ Small Apple, Milk Meatball Sub Sandwich w/ Chip Chef Salad w/ WG Breadstick FFV Bar Milk 23	WG Breakfast Pizza w/ Applesauce, Juice, Milk PBJ w/ Cheese Stick Ham and Cheese Wrap FFV Bar Milk 24	WG French Toast, Applesauce, Juice, Milk Mesquite Chicken Drumstick w/ Green Beans & WG Roll Chicken Cesar Salad w/ WG Breadstick FFV Bar Milk 25	Sweet Potato Choco Chip Muffin Top w/ Lg Apple, Milk Big Daddy Pizza CA Club Turkey Wrap FFV Bar Milk 26	
RS Fruit Loops Bkfst Kit w/ Small Apple, Milk Popcorn Chicken Bowl w/ Mashed Potatoes & Shredded Cheese Veggie Wrap FFV Bar Milk 30	WG Cinnamon Breakfast Round, Applesauce, Juice, Milk Salisbury Steak w/ Mashed Potatoes, Gravy, WW Roll Chef Salad Shaker FFV Bar Milk 31			<p style="text-align: center;">Charge Policy:</p> Students will be provided a cheese sandwich, fruit, and milk after three negative charges.

Elementary Breakfast Includes:

Choice of Hot Entrée or Cereal
 Fruit and or 100% Fruit Juice,
 1 % White or FF Chocolate Milk

Meal Price: \$1.00

Reduced Price: \$.30

Milk Carton: \$.25



Nutrition Information: Cycle Week 1: Calories 2553, Sodium 3625 mg, Meat/Meat Alt 7, Grain/Bread 6.5; Cycle Week 2: Calories 2598, Sodium 3629 mg, Meat/Meat Alt 7, Grain/Bread 6.75; Cycle Week 3: Calories 2547, Sodium, 3349 mg, Meat/Meat Alt 7.5, Grain/Bread 6.5; Cycle Week 4: Calories 2585, Sodium 3453 mg, Meat/MA 8, Grain/Bread 6.5; Cycle Week 5: Calories 2579, Sodium 3705, Meat/Meat Alt 7.5, Grain/Bread 6.5; Cycle Week 6: Calories 2579, Sodium 3291, Meat/Meat Alt 7, Grain/Bread 6.75

Elementary Lunch Includes:

Choice of Hot Entrée & 1 Cold Entrée
 Fruit & Vegetable Bar (Minimum 5 choices)
 1 % White or FF Chocolate Milk

Meal Price: \$2.75

Reduced Price: \$.40

Milk Carton: \$.25



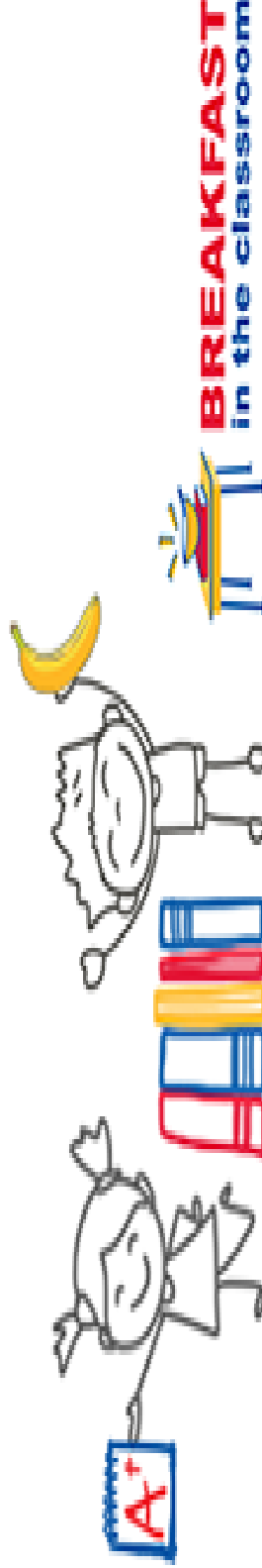
Nadaburg Unified School District

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2020

Partners for Breakfast in the Classroom works to bring students a healthy morning meal – a key ingredient for:

- ✓ **Higher attendance**
- ✓ **Improved academic performance**
- ✓ **Better test scores**



www.BreakfastintheClassroom.org

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